

Help! I'm Trapped In This Lifetime!

**How to prepare for and understand
the coming ascension and how you
may be affected.**

By Ron Kalvin

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assistant to run errands, etc. I have experience in retail work, shopping, doing bookkeeping, etc. I am currently employed on a part-time basis. References are available. Call me anytime at 3-5121. Gail

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Advertise in the results. Are you looking for an apartment? Do you need to find a promotion?

**Who said spiritual growth would
always be easy?**

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A new Beginning Is Coming



How we got where we are.

**Have you considered what a new beginning
means to you?**

For years now we have been reading books which told us how to connect with our higher spirit, how metaphysical tools could be developed and generally how to raise our vibrational energy level. We have been channeled information from a number of ascended masters, angels and other beings who told us how the universal laws worked so that we could function and grow in harmony with them. It has been interesting for me to observe how the channeled information has evolved and changed over the years. It has gotten to be more specific and more useful with time and I have really appreciated that.

Which brings us to where we are today; facing the prospect of ascension. The subject of ascension now opens

up a whole new plethora of questions which didn't exist before. And there are not nearly enough answers yet, but I'll explain why that is later.

A little history is in order at this point. If you don't know it, you need to know that our planet, this Earth, is unique in all of creation. There are many planets where life exists through the universe. Just not exactly like ours. I'll try to explain this in a way that's easy to understand so you will have the right frame of reference. You already know that you have a physical body. It lives in what we have called the third dimension. (I know, you know that, too, but bear with me.) We all also have an astral body. That's the non physical part of us that can go out of body and do astral travel at night when we sleep. It is also the body that most of us inhabit after we die and leave our physical body. At death most of us will move on to a higher vibrational plane which is said to be "above" the physical plane in the fifth dimension. How "high" we go is dependent on our level of spiritual advancement at the time. I used the phrase "most of us" above for a reason. That's because some more spiritually developed beings will go immediately to "higher" levels of vibration where they don't have an astral body. They are pure energy or light and have what we call etheric or light bodies. It's all a matter of the frequency of our vibration and how clear we are. Those who are pure love vibrate higher than those who still carry some negative energy. And yes, there are those who get stuck here and remain earthbound for various reasons, but they are not what we are concerned with at this moment.

Many of the beings who reside on other planets live in non-solid (by our standard) bodies of energy. Bodies somewhat like our astral bodies. The other beings might have bodies of only 50% density, compared to our bodies, for example. At least, that is what I have been told. So if you were traveling astrally and encountered one of the other astral beings, you would often be able to see them.

Now, back to why our Earth is unique in all of creation. In the beginning, when our galaxy was created it was decided to make this planet in a lower third dimensional form. (Why that was done is a story too long and complex to tell here.) In short—we were to be, and are, the grand experiment. The rest of the universe has watched, with not a little apprehension, our troubled evolution here. Most everyone here who is a light being has participated in the creation and evolution of the planet. It's our baby, so to speak. You need to know, however, that since the early times we have had many alien life forms who were also involved in this planet's growth. They, just as we, have a major investment in a successful outcome. In the beginning, we were all pure beings of light. In the birthing process we have to give up our memory of who we are, and have been. As many of you know, our objective is to gain experience and knowledge through multiple incarnations. Unfortunately, along the way, many of us had a lot of negative experiences and collected a lot of negative karmic energy in the process. Added to this was the fact that certain beings from other star systems have also been able to be in bodies here and many of those beings were not necessarily interested in our welfare to put

it mildly. They had their own agendas.

So, over time, we learned how to become very good as a race in killing and controlling others. We became especially good at exercising control over people. Our known history illustrates that very well. Governments and the church seemed to know no bounds to the controls they wanted to subject the populace to. It filtered down to many individuals as well. Even today we see how some people in positions of authority enjoy abusing their authority in subjecting their subordinates to excessive methods of control. This can be seen in business, in some policing agencies and certainly in some other governmental institutions today.

The result has been that all of this negative energy had a very detrimental effect on this planet. There have been times in the distant past when the Earth went through a major “cleansing” in an attempt to rid itself of these types of negative energies. Once again such a catastrophic cleansing was scheduled to occur if things didn’t improve. We were told that the likelihood was that the planet would shift on its axes and the resulting tidal waves, volcanic eruptions and earthquakes would virtually wipe out all life on Earth. That’s a pretty drastic way to have to be rid of the bad guys! The rest of the universe had pretty much written us off. Things couldn’t be tolerated as they were because all of the negative energies emanating from this planet were having serious negative effects on the rest of the universe.

But, the good news is that we were given one last

chance to get our act together. There were still some archangels and universal beings who had faith in us. Let me interject here to remind everyone that because the rule is that we here have free choice, no one could interfere directly in any way that would override that free choice. The only exceptions to that rule were if we became an eminent danger to everyone else. An example of that would be if we set off an H Bomb. That would have caused an immediate galactic reaction, and it wouldn't have been nice!

So, back to the story. It was decided that there were enough lightworkers still here that, with major help from our angelic and alien friends, the planet could be saved. You must also remember that our universal helpers can only do certain things. They can look at probable events and determine the *likely* outcome. Contrary to popular opinion they don't know everything. It was decided to bring in new rays of energy to assist us in doing the work we had to do. This began back in the 1980's. New channeled information became available to help us. We were flooded with the energy of love and given unparalleled assistance. The good news is that apparently this worked and we are now fairly unlikely to have the massive upheavals that had been prophesized. There will, however, be *some* serious catastrophes and they have begun to occur. It was touch and go for a while though. Now it looks like we can pull it off.

In the past we have been given veiled warnings about what could happen, but there were reasons why a lot of things couldn't be revealed to us that can now be

revealed. Now, even only a relatively small number of people can have an enormous effect on the future of this planet. I'm talking about you, the lightworkers, who are stepping forward to do the things necessary to raise our planet's vibration so we can move into the next era. When that is accomplished, those so-called "dark beings" who are of a lower vibration will not be able to continue living on the Earth unless they literally clean up their acts and raise their vibration. Many won't be able to and will have to go back to the universes from which they originally came. (Good riddance, I say!) No more living in a three dimensional body for them.

The lower realms are home to the many dark entities. As I point out elsewhere, not all are bad. Some are merely very passive and they enjoy living in the exotic highly erotic environment they are in. The others who have been called the corrupted/chaotic entities are another matter entirely. They have been messing with us forever and they must go. That is being arranged. They, and Lucifer (yes, he does apparently exist) keep saying we just need to understand them. Lucifer says we can work out some kind of agreement. However, if you suggest that it involves sealing all of the portals to their realms in order to isolate them, he won't agree to that. He offers no suggestions for ending the chaos they cause. All of his talk is strictly self serving. He strives to keep things as they have been. That will not be allowed.

We have long known that a time of major, incredible change was coming. It's just that we didn't really understand what that meant. All the signs were there.

The bible and other writings have told us this. The highly accurate Mayan calendar shows us that as well. The year 2012 is when their calendar ended. I know, some of you are asking what's next, then? Well, a lot of that is up to us. There are scant few predictions for the future after 2012 **because it is to be written by us!** That's right, *we* will be determining our own future as well as the rules for how things are to be manifested. And the rules will be very different. That is an enormous responsibility for each and every one of us to bear. But, remember, this is *our* planet and it is our love and care that will make it as beautiful and as peaceful as it was originally envisioned to be. It is, and will continue to be, unique in all of creation, just as our three dimensional bodies are. We are being given another opportunity to create a world where heaven on Earth exists and it will be however we create it to be.

What's next for us?

First, we still have some important work to do. It's not really that serious or that hard. It's just that it is so very important. We must continue to raise the vibration of the planet. The main way we do this is through the act of raising our own vibrations. The collective acts of increasing our vibrations will have an exponential effect on the whole planet. Not everybody even needs to participate. Just those lightworkers like you who feel called forth to make this happen. And happen it will.

Next, as we approach the benchmark year of 2012 changes will continue to occur as they already have. Please

understand, when 2012 happens it's not as if some light switch will be turned on and all of a sudden the next day the world will instantly be transformed into something new and unrecognizable. The new transformation energy rays are now already bathing the planet. Changes are-a-happenin' at this very moment. With each passing day, month and year more and more of the new energy will continue to bathe this planet and us to support our individual uplifting.

We will be receiving more new information about how to transform ourselves. Many people will learn how to use new metaphysical tools. For some it will happen automatically while others will be taught how to develop their tools. Not everyone will be equal in their abilities. Some people will be healers while others will have the gift of conscious astral travel or psychic reading, and so on. More importantly, some beings will ascend to either work on the astral or return and do their work here. Also, you need to know that some people will choose to exit and then be reborn into new bodies more suited to the new higher level of vibration. That means that **many** people will choose to exercise one of their exit points from this lifetime. Don't be alarmed if you see people all around you leaving this Earth. Just remember, it's their choice to do this. Most of them will be back in new bodies more suited to live in the new earth's energy. They will often be coming back as Indigo Children and Crystal Children. What are Indigo Children and Crystal Children? More about that later on.

For those who ascend we are told that they have

volunteered to devote themselves to humankind at this crucial time. They *will* command attention. They will also deliver God's message for us. Some of them will be trainers who will teach us how to develop new metaphysical skills or they will prepare us for our own ascensions. This new age is fast approaching and it will be both a challenging and an exciting time for us all.

You will come to see many ascended masters walking and teaching among us. A lot of people will not believe and that is their right. Many will resist and will cling to their old belief systems for as long as they can. Each of us has to choose for ourselves what path we will follow and who we will listen to, so listen to your inner discernment before accepting what *anyone* has to tell you.

So, fasten your seat belts and get ready for an incredible ride. If you are still here, you will be a part of it whether you choose to or not.